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Professor Besler completed his undergraduate study (BSc) in the Nutrition and Dietetics Department at Hacettepe University in 1986 and he graduated (MSc) from Nutrition and Dietetics Programme in Health Sciences Institute at Hacettepe University in 1988. He commenced at Department of Human Nutrition of Medical Faculty of Southampton University in 1995. His areas of expertise are including "nutrition and dietetics" and "nutrition and nutritional biochemistry". He has board memberships and consultancies in many public and non-public institutions, in particular Ministry of Health and Ministry of Food, Agriculture and Animal Husbandry, in the matters of nutrition, food and health care areas. He has many national and international publications and he is one of the coordinators of Turkey Nutrition and Health Survey 2010 and National Obesity Action Plan.

